

Fundamentals of First Aid: CPR

1. In what position should you lay a person,

2. You should do 30 rescue breaths to 1 chest compression.
 True False
3. You only need to do CPR for 8 minutes.
 True False
4. What are 2 signs that someone needs CPR?

What Would You Do?

You are busy working away and hear a shout from a colleague. When you look, the site foreman is on the ground not moving. You race over, shouting his name. When you get to him you shake him but do not get a response. What would you do?
